**NOTETAKING AND STUDY SKILLS**

**MINDSET ASSIGNMENTS**

**ASSIGNMENTS:** These assignments are worth 40 points.

1. (5 points) \_\_\_\_\_\_\_\_\_: **Mindset Questionnaire** – Take the mindset questionnaire and total up your points. Record your final score! We will discuss what it means…
2. (5 points) \_\_\_\_\_\_\_\_\_: **Video Notes**. We will watch a few short videos about the concept of mindsets. Please use the pages provided to take notes.
3. (5 points) \_\_\_\_\_\_\_\_\_: **Mindset Notes Organizer**. We will have a lecture/classroom discussion on mindset. Please fill in the organizer during our discussion.
4. (10 points) \_\_\_\_\_\_\_\_\_: **Mindset Reflection.** Answer the two mindset reflection questions using the paper provided in this packet. You may use your notes. Be thoughtful in your reflection and complete in your response.
5. (5 points) \_\_\_\_\_\_\_\_\_: **Grit Quiz**. Take the online quiz measuring GRIT. Print a screen shot of your final results and staple them to the back of this packet.
6. (10 points) \_\_\_\_\_\_\_\_\_: **Video Notes**. Take video notes on the Grit Ted Talk shown in class! Use the page provided. Use the summary to reflect on the main points of this talk.