**Careers in Insurance Reflection Paper Instructions and Rubric**

**Instructions:**

After completing such an exciting project it is time to reflect on the processes you just went through. By taking time to reflect not only will you gain a better understanding of what you have completed, but you will also be more prepared next time a similar task comes your way.

You will write a personal reflection paper. The paper must be typed, double-spaced and three paragraphs long with the following focuses:

Paragraph 1: Write an introduction to the project. Explain what you did and why it is important.

Paragraph 2: Talk about what you learned about careers in insurance? Be specific about each of the jobs you researched. Lastly, discuss things you learned about doing research?

Paragraph 3: Sum it up and explain, again, why this is important and how you will use what you learned in the future?

Feel free to use the following questions/prompts when preparing your paper. They are meant to guide and inspire you through the process. They are not meant to be the sole basis of your paper!

**Suggested questions to answer in paper:**

* What types of careers are actually available in insurance?
* What did I really like about my career?
* Did I like my career more or less the more I learned about it?
* What research tools did I use? Why?
* What research tools did I not use? Why?
* Would I use the same research tools in the future?
* How much time did I spend researching? Was this too little, too much?
* Is this something I could see myself doing in the future?
* What are my life goals? Did this career line-up with any of these?

The paper is worth 20 points and will be evaluated based on the following rubric:

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|  | **Target (5 points)** | **Below Target (3 points)** | **Unacceptable (0-2 pts)** |
| **Careers Paragraph** | Author demonstrates knowledge of careers in insurance, providing 3 or more examples. Author provides reflection in both positive and negative forms. | Author demonstrates knowledge of careers in insurance, providing 2 examples. Author provides some reflection or focuses solely on one form of reflection. | Author demonstrates little to no knowledge of careers in insurance. No reflection provided. Section missing. |
| **Research Paragraph** | Author demonstrates understanding of research methods and processes, providing 3 or more examples. Author provides reflection regarding processes in both positive and negative forms. | Author demonstrates understanding of research methods and processes, providing 2 examples. Author provides some reflection or focuses solely on one form of reflection. | Author demonstrates little to no knowledge of research processes and methods. No reflection provided. Section missing. |
| **Future Use Paragraph** | Author reflects in both positive and negative forms. Provides 3 examples of how they will use information learned in the future or reasons why information will not be relevant in future. | Author only provides reflection in one form. Provides 2 examples of how information will be used in future or reasons why it will not be relevant in future. | Author provides too little or no reflection. One or no examples of how information will be used in future. |
| **Mechanics/Flow** | Paper has strong, identifiable voice. Easy to read and follow. Two or less grammar/mechanical errors throughout paper. | Paper has identifiable voice. Paper can be followed for most part with few troubled spots. Three or four grammar/mechanical errors throughout paper. | Paper lacks voice. Difficult to follow ideas. Five or more grammar/mechanical errors throughout paper. |